

Nederland Commissie Breedte Sport



Invitation

Open NC Ocean Events 2010

28 August 2010

Tolkamer (near Arnhem)



Date: 28 August 2010

Place: Recreatieplas De Bijland - Tolkamer

(recreation area close to Arnhem)

Organisation: Reddingsbrigade Zevenaar

Reddingsbrigade Nederland

Board and stay: Contact us

Care: Lunch (Saturday) on the beach

Entry conditions: Born in 1996 or before

Costs: See entry form

How to get there: See programme leaflet

E-mail: t.sligchers@zonnet.nl

Internet: <u>www.breedtesport.tk</u> – <u>www.lifesaving.nl</u>





Nederland

Commissie Breedte Sport

This is the sixth time our federation organises the Open Dutch Championships Ocean Events. All teams compete for the general classifications, medals and awards. The over-all challenge cup can only be won by a Dutch team.

Accommodation

The competitions are at 'Recreatieplas De Bijland' close to the town of Tolkamer. This is in the eastern part of The Netherlands near Arnhem. At the leisure area there are toilet facilities available.

Your stay

On request we will assist in finding a hotel or camping site. From Friday until Sunday and it is also possible to bring your own tents and stay on a camping.

Board

Teams can book lunches with our federation. The lunches will be served on the competition grounds during lunch break.

Participation

Each team can enter a free number of competitors for each individual event. Teams are expected to enter in all 3 team events. The final order of events will be in the programme leaflet. It must be possible to check the identity of each competitor.

Equipment

Teams are requested to bring team caps, fins and if possible boards and skis. There will be an equipment pool for boards (not for skis). There is a \in 20,- security payment. Rescue Tubes will be available.

Entry

Entry will be by internet. For internet information please go to www.breedtesport.tk and click on 'inschrijfformulieren'. There you will find the digital entry form.

Please let us know when you plan to participate by mail to $\underline{t.sligchers@zonnet.nl}$. Entry fee \in 36,- per team of maximum 6 persons, or \in 8,- for an individual entry.

Locations

Competition grounds: Recreatieplas De Bijland Bijland 2a 6916 KA Tolkamer

mobile +316-21237918 (only 27-28 August!)

Events:

Board Race
Beach Flags
Run – Swim – Run
Surf Ski Race
Ocean Man / Woman

Rescue Tube Rescue Race Board Rescue Race Ocean Man/Woman Relay Race Camping:

More information will follow later.
Please let us know if you want to be informed: t.sligchers@zonnet.nl



See the ILSE International Competition Rule Book.

Beach Sprint and **Beach relay** are optional no point scoring events when time allows them.



NederlandCommissie Breedte Sport

Point score

The point score is as follows:

Points in finals (individual).

Points in mais (marviduai).			
Place	score	Place	Score
1	20	9	8
2	18	10	7
3	16	11	6
4	14	12	5
5	13	13	4
6	12	14	3
7	11	15	2
8	10	16	1



Point score in heats (and semi finals)

Every Athlete (or team) will score 1 point for each round they finish successfully.

Individual Classifications

The competitions have 5 individual events. The best 4 events will count for the over-all individual classification.

Team results

The competitions have 3 team events. All 3 of them count for the over-all team results. For teams there will be only A-finals with 8 teams (10-8-6-5-4-3-2-1 points). Other teams gain 1 point for starting in the heats. Mixed teams cannot compete for the all over team results. There will be female, male and general team classifications.

The all over challenge cup can only be won by a Dutch life saving team.

Time Table

Final Team Entries are on Saturday morning from 8.00 h.

The competitions will start at 9.00 h. Team Captains meeting at 8.30 h.

More Information and questions

t.sligchers@zonnet.nl



